

# Working towards wellbeing with the African Child/Youth and their Families

A collaborative Workshop between

Royal Children's Hospital Mental Health Service, Foundation House, African Holistic Settlement Services, New Hope Migrant Resource Centre & Victorian Transcultural Psychiatry Unit



**A workshop of the Royal Children's Hospital in Collaboration with:  
The Victorian Transcultural Psychiatry Unit  
African Holistic Settlement Service Victoria (EACACOV)  
New Hope Migrant & Refugee Centre  
Foundation House - Victorian Foundation for Survivors of Torture Inc**

**Thursday 30<sup>th</sup> of October 2008  
9.00am – 12.30pm**

**Venue:**

**Travancore Campus Training Room  
50 Flemington Street, Flemington 3031**

**AIMS:** The recent and ongoing migration to Australia of children and their families from diverse societies highlights the need for mainstream mental health clinicians to find effective ways of delivering culturally appropriate services to children, youth and their families. This presentation will discuss some of the areas for clinicians to consider when working with cultural issues in the assessment and ongoing treatment of children and their families who may have migrated or arrived in Australia as refugees. These areas include:

- What is cultural competence in CAMHS?
- The impact of client and clinician values and explanatory models of illness on the therapeutic relationship;
- Exploration of African communities in Australia and their family values;
- An African case presentation presented by CASEA program clinician to provide workshop participants with a practical example of how to work with the cultural information provided, in order to more effectively engage with culturally and linguistically diverse families in the CAMHS setting



## Program

9:00-9:20 AM	<b>Welcome and Opening Statement by Professor Vance and Harry Gelber from Royal Children's Hospital</b>  <b>Marie Piu from Victorian Transcultural Psychiatry Unit: Workshop Chair</b>
9:20-10:00 AM	<b>Culturally Competent Practice in CAMHS</b>  <b>Sarah Murgia &amp; Sylvia Collinetti Clinical Psychologist at Victorian Transcultural Psychiatry Unit</b>
10:00-10:15 AM	<b>RCH African Case Presentation</b>  <b>Kelly Rennie from Royal Children's Hospital CASEA Program</b>
10:15-10:30 AM	<b>Morning Tea</b>
10:30-11:15 AM	<b>Pre and Post Settlement Experience</b> <b>Kakuma DVD: Providing insight into the refugee camp experience</b>  <b>Theresa Sengaaga Ssali &amp; Mary Riek</b>
11:15-12:15 AM	<b>RCH African Case Presentation:</b> Diagnosis and treatment & clinicians personal reflections from <b>Kelly Rennie (CASEA Team)</b>  <b>Panel discussion:</b> Workshopping Possible solutions  <b>-African Holistic Settlement Services: Theresa Sengaaga Ssali</b> <b>-New Hope Migrant Resource Centre: Mary Riek</b>  <b>-Foundation House: Clare Lincoln</b> <b>-VTPU: Sarah Murgia &amp; Sylvia Collinetti</b>
12:15-12:30 AM	<b>Evaluation &amp; LUNCH</b>



